



Ashley Gorge Tracks - Built by Locals, Enjoyed by Thousands

Tucked away in the foothills, the Ashley Gorge walking tracks are one of Canterbury's hidden gems — and they exist thanks to the hard work of **local volunteers**.

Since the first track-building working bee in 2015, volunteers like Dave Shelton, John Burton, Brian Pilbrow, and Cathy and Graham Thompson have transformed the area into the region's most visited bush walking site, with over 12,000 visitors annually.

Today, three family-friendly tracks wind through towering native trees, offering stunning views and even a waterfall. A more advanced Skyline Trail (4–5 hours) is on the way and expected to open next summer.

Despite DOC support, **nearly all the work** — from construction to weekly maintenance and pest trapping — **is volunteer-led**, with over 15,000 hours clocked so far. Local youth are a big part of it too, including the 88 Waimakariri Air Cadets who recently helped clear the tracks for winter.

Want to get involved in the trapping programme or make a donation? Contact Brian at brian.pilbrow@outlook.com

New Faces and Fresh Shavings at North Canterbury Woodcraft Club

May has been full of change and growth for the North Canterbury Woodcraft Club. After 15 years of dedicated service, Noel Graham has stepped down as President — though he continues to guide Wednesday club days and lead the nationally accredited woodturning course with fellow long-timer Merv Laws.

The Club welcomed Howard Pettigrew as the new President, with Paul Wanty staying on as Secretary and Viv Milne stepping into the Treasurer role.

Membership is thriving, with newcomers from Pegasus to North Loburn joining in. Whether you're brand new — like Jan, who proudly turned a garden dibbler on her first day — or a returning turner like Mike, there's something for everyone. Even local homeschoolers like Leonard are finding a perfect fit, learning advanced techniques while fulfilling curriculum goals. **The Club provides all the tools, lathes, and timber needed for members, making it easy and affordable to dive into this rewarding craft.**

Curious? Pop in on a Wednesday afternoon or Thursday evening at Northbrook Studios, Rangiora — or learn more at nthcantwoodcraft.net

Support Rangiora Scouts - Raffle Donations Needed

The Rangiora Scout Group is calling on local businesses and kind-hearted community members to help support their upcoming fundraising raffle.

Home to over 80 families across Rangiora, Woodend, Pegasus, Ravenswood, and beyond, the Rangiora Scout Group offers kids a chance to learn new skills, explore the outdoors, and grow in a safe, screen-free environment. **Entirely volunteer-run**, the group works hard to keep fees low so more families can take part.

This July and August, they're running a raffle to help with costs of running the Scout Den and keeping fees affordable. The draw will take place on the 1st of September. They're seeking donations of goods, vouchers, services, or experiences to offer as prizes. Tickets will be \$2 and there is also a firewood raffle going for \$5.

It's a great opportunity to support local youth while getting your business seen — donors will be acknowledged on social media and during the raffle itself. **To help, buy tickets, or learn more**, contact Sarah at 021 245 5647 or framesarah@hotmail.com.



⊞ Wednesday 2

Kidsfest Superhero Pool Party

Dress as your favourite superhero and splash into a fun-filled day with family and friends! Adult supervision required. 13:00-15:00 - Dudley Park Aquatic Centre

⊞ Saturday 12

North Canterbury Wearable Arts

Oxford Area school are very proud to presenting our annual fundraiser North Canterbury Wearable Arts. A creative showcase of stunning wearable art by student and adult designers, with live entertainment from North Canterbury School of Dance. Food and drinks available before the show and during the interval. 7:00–9:30pm - Rangiora Baptist Church Auditorium

Family Swim Night

Manchester Unity's popular swim night is back! Enjoy a free swim with family and friends and inflatables. Spaces are limited book now carlaw@manchesterunity.org.nz 0225828992 5:00-7:00pm - Dudley Park Aquatic Centre

Blackwells Winter Festival

Join us for an afternoon of winter magic with live ice sculpting (2-4pm), circus performances (3-7pm), aerial acts, stilt walkers, and glowing LED shows. Enjoy face painting, balloon twisting, workshops for kids, plus food and craft stalls. As night falls, the ice sculptures light up to the sounds of live music.

2pm - 7pm - Blackwells Department Store, Williams Street, Kaiapoi

Ladies Day at Saracens Rugby Club

Ladies, this one's for you! Join us for a fun-filled day of laughter, raffles, live music, and rugby — all in support of the NZ Breast Cancer Foundation and Saracens Rugby Club. Sponsorship opportunities available, contact Nathan Goodwin 027 8666 536 or fundraising@saracensrugby.co.nz

12:30-16:30 - The Southbrook Community Sports

₩ Friday 18

Joe Cocker Tribute

Ari Freeman and House of Kahurangi bring the spirit of Joe Cocker to life in this unforgettable 2.5-hour show packed with soul, passion, and powerhouse performances. Featuring standout solos, a killer band, and surprises throughout - this is one not to miss! 7:30–10:00pm

⊞ Saturday 19

Discover the Night

Presented by View Hill School, this family event features telescope views, laser-guided tours, dark sky learning, hot food, and live music! In collaboration with Oxford Dark Sky, University of Canterbury & RASNZ. (Postponement date: 26 July) 6–8pm - View Hill School, 496 Island Road

Steve Larkins is Mercury Rising

As never seen before – a unique theatrical salute to Freddie Mercury and the music of Queen!

Doors open 6:00pm | Show starts 7:00pm - Rangiora RSA

⊞ Sunday 20

From Bellies, Babies to Tweens Market

A family market to buy and sell pre-loved (and new) items for pregnancy, babies, kids, and tweens up to 13 years. Find big savings on clothes, toys, books, games, furniture, and more. Business stalls welcome too — anything related to pregnancy, babies, or kids! 9am to 12 - Rangiora Showgrounds

⊞ Sunday 27

The Vintage Fair North Canterbury

Step into a world of nostalgia with vintage fashion, antiques, home décor, and more. Explore a maze of stalls full of treasures from the past — perfect for collectors, retro lovers, and anyone looking for inspiration.

11am - 3pm - Rangiora Race Course, 312 Lehmans Road

⊞ Multiple Dates

Rapunzel - A Stage Musical

A fun-filled stage production for the whole family! Join Rapunzel on a wild journey through the forest in search of Prince Charming, meeting familiar fairytale faces along the way. Expect song, dance, laughter, and plenty of magic — perfect for kids and a treat for adults too.

Thu 3 & Fri 4 July – 2pm & 7:30pm, Sat 5 July – 2pm Rangiora Town Hall

Alan Fraser Memorial Girls Tournament

Over 600 girls, coaches, and supporters will head to Kendall Park for this popular three-day football tournament during the July school holidays. Held in a fun, supportive environment, the tournament brings together teams from across the South Island. Grades: U10, U12, U14, U16 & U18

Friday 4 - Sunday 6 July Kendall Park - Kaiapoi

Ongoing Must-Dos

Ohoka Farmers' Market

Join the real food revolution and eat your way to good health. every Friday 9 am to 12.30 pm Ohoka Domain

Oxford Farmers Market

Friendly Farmers' Market in Oxford. every Sunday 9 am to 12 pm Main Street Oxford, Oxford

Rangiora Church Street Market

Community Market, Car Boot Sale & Cafe in Rangiora 1st Saturday each month (except January) 8.30am to 1.00pm or 9.30am to 1.00pm May to September 353 High Street, Rangiora

Oxford Craft Market

1st Sunday of each month 10 am to 2 pm Oxford Town Hall, Oxford $\,$





% Art

North Canterbury Woodcraft Club

Group of keen woodworkers and woodturners who are keen to help others learn to create wonderful turned wood items, as well as enjoying meeting and sharing their common interest in working with wood. Club open Weds, Thurs nights or Sat mornings. Come visit our well equipped clubrooms in the Northbrook Studios 191 Northbrook Road. email woodcraftnorthcant@gmail.com or ring Paul - 03 313 5346 or 027 6039730

Rangiora Art Society

Connecting North Canterbury Artists since 1959. We're proud to have been supporting North Canterbury artists for over 60 years! Share your art, connect with others, and let's celebrate our creative community! http://www.rangioraart.nz

http://www.rangioraart.nz facebook.com/rangioraartsociety

Rangiora Photographic Society

Our vision statement: Fun, Friendship, Photography. info@rps.nz rps.nz facebook.com/rangioraphotosoc

Rangiora Pottery Group

Rangiora Pottery Group established in 1968 is based in Loburn Domain with clubrooms featuring several kilns and electric wheels. Members meet every Tuesday from 10am to 3pm. Beginner classes held regularly. Visitors and new members welcome. rangiorapotterygroup@gmail.com ceramicsnz.org/news/rangiora-pottery-group facebook.com/100064438972866

Rangiora Players

028 2558 9637 rp.nz facebook.com/RangioraPlayers

₩ Air & Flight

Canterbury Recreational Aircraft Club

Based at Rangiora, New Zealand, our club is a strong and growing group of people focussed on training recreational pilots. We also design/build/fly Recreational and Light Sport Aircraft. We are here for the love of Aviation! treasurer@crac.co.nz crac.co.nz facebook.com/flyCRAC

⊕ Basketball

Kaiapoi Junior Basketball Club

KJBC organises teams to play in the North Canterbury Friday night basketball competition in term 1 and term 3/4 each year. We cater for years 5-8, boys and girls. Midgets skills programme for year 1-4 players, in term 1 and term 4 for 6 weeks. kjbckaiapoi@gmail.com facebook.com/100057415789709

North Canterbury Basketball

We're a community-focused association based in North Canterbury. Proudly wearing our maroon and white, we are dedicated to promoting basketball and supporting players of all ages. admin@northcanterbury.basketball www.northcanterbury.basketball facebook.com/NorthCanterbury.Basketball

Clubs, Groups, and Activities

P Dog Enthusiasts

Malvern Collie Club

Sheep Dog Trial Club nestled in the hills under the Torlesse Range near Springfield, Canterbury, NZ ali-dave@xtra.co.nz 0274 513 619 facebook.com/61573767724804

North Canterbury Dog Training Club

At NCDTC we train domestic, competitive, Rally obedience and Canine Good Citizen training. info@ncdtc.co.nz ncdtc.co.nz facebook.com/northcanterburydogtrainingclub

MM Community

Blanketed with love

We are a voluntary group who create knitted and crocheted blankets for vulnerable children of NZ hollyhedge172@gmail.com facebook.com/61561007520188

Death Café North Canterbury

Cuppa 'n' cake with a difference: everyone welcome at this unique opportunity to discuss any aspect of death and dying in a professionally facilitated forum, there's no agenda, no product, no cost - you bring the conversation, I bring the cake! liza-w@outlook.com Liz: 027-618-4891

Falls Prevention Class

Fun easy weekly classes, no need to book - just come along. \$2 donation per class. Tuesdays 10am and Thursdays 1:30pm 3660903 https://rangiorarsa.nz/age-concern-falls-prevention-exercise

NZ Motorhoming Lions Club

If you like helping your community, come join us. Motorhome is not required! secretary.nzmlc@lionsclubs.org.nz

Rangiora Lions Lioness Club

We meet once a month at the Rangiora RSA, contact us for more information or if you would like to join our Club. rangioralioness.sec@lionsclubs.org.nz 0274 344 188 facebook.com/rangioralionslioness

Rangiora Menz Shed

Our Menz Shed is a community based group of young at heart ole fellows who just love being active. A shed brings men together in one community space to share their skills, have a laugh, and work on practical tasks raejmac@xtra.co.nz facebook.com/RangioraMenzShed

Rural Women New Zealand North Canterbury

Community. Wellbeing. Connection. Advocacy. Leadership. www.ruralwomennz.nz facebook.com/rwnznorthcanterbury





MM Community

Time Bank Waimakariri

TimeBank Waimakariri provides the opportunity for people to connect, share skills, talents and help tbwaimakariri@gmail.com www.timebankwaimakariri.co.nz facebook.com/TimeBankWaimak

Waimakariri Bike Project

Supporting people in the Waimakariri District to have access to bikes, learn to repair and maintain bikes and enabling people to have access to sustainable transport facebook.com/p/Waimakariri-Bike-Project-100075871991007

Waimakariri Branch of the New Zealand Society of Genealogists

Our mission is to provide educational opportunities and research resources for the development of knowledge, skills and practice in family history, genealogy. waimakaririgenealogybranch@gmail.com www.waimakaririgenealogy.org facebook.com/61561901790572

Rangiora Toy Library

We are a Community charitable organisation that has over 1200 toys available for members to borrow hello@rangioratoylibrary.co.nz 027 264 6924 www.rangioratoylibrary.co.nz facebook.com/rangioratoylibrary



Rangiora Cricket Club

Rangiora Cricket Club is the 2nd oldest Cricket club in NZ. Junior boys & girls all welcome. rangioracricketclub@gmail.com facebook.com/100057192080635

Southbrook Cricket Club

Southbrook Cricket Club is situated on Southbelt in Rangiora and has a rich history of producing some of Canterbury Countries best Cricketers. facebook.com/Southbrookcricketclub

Woodend Junior Cricket Club

woodend.cricket@gmail.com facebook.com/61565073962827



Kaiapoi Croquet Club

Open Thursdays & Saturdays 1:00-4:30pm - First game starts at 1:30 Come along and have some fun - suitable for all ages clubcaptainkcc@gmail.com 0210 247 3267 facebook.com/61553375334607

Clubs, Groups, and Activities

ര് Cycling

Birds on Bikes

We are a group of women in North Canterbury Aotearoa New Zealand who enjoy mountain biking together facebook.com/100064945260001

North Canterbury BMX Club

Welcome to the North Canterbury BMX Club! Come & experience what riding & racing is all about. New Members Welcome ncbmxclub@gmail.com 022 429 0341 www.sporty.co.nz/northcanterburybmx facebook.com/NorthCanterburyBMX



Dance

North Canterbury Bellydance

North Canterbury Bellydance is a Bellydance Troupe based in North Canterbury. For more info on classes and events, flick us a message! northcanterburybellydance@gmail.com facebook.com/northcanterburybellydance

North Canterbury School of Dance

NCSD offers Jazz, Ballet, Lyrical, Acro, Hip Hop, Musical Theatre and Contemporary dance classes for all ages across North Canterbury.

northcanterburyschoolofdance@gmail.com ncsod.co.nz facebook.com/NorthCanterburySchoolofDance

Soul DnA - Dance and Aerobics

Located in North Canterbury, Soul DNA offers a selection of classes in both Dance and Sport Aerobics soul.danceandaerobics@gmail.com facebook.com/soul.danceandaerobics

F Equestrian

Clip Clop Equestrian Shop

griggsefton@gmail.com clipclop.nz facebook.com/clipclop.co.nz

Amberley Pony Club

Amberley Pony Club is based just out of the town. Rallies are planned usually on Sundays. rachael@sml.co.nz 03 3149488 www.amberleyponyclub.co.nz facebook.com/p/Amberley-Pony-Club-100064562084692

Christchurch Western Riding Association NZ

Based at Mandeville Sports Club, we are a friendly riding club dedicated to the sport of western riding. New members welcome. https://cwra.weebly.com/index.html





F Equestrian

Cust Equestrian Group

Come and join us at the Cust Domain. Great facilities. Riders of all ages and disciplines welcome.

custequestriangroupcanterbury@gmail.com 022 642 3119 www.custequestriangroup.nz

facebook.com/custequestriangroup

Waimakariri Riding Club

Waimakariri Riding Club (Inc) is an adult riding club based in the Waimakariri District with riders across Canterbury. waimakridingclub@gmail.com www.waimakaririridingclub.com facebook.com/people/Waimakariri-Riding-Club/61564682454661



Kaiapoi United Football Club

https://www.waimakunited.org.nz

Waimak United Football Club

Waimak United Football Club is one of the largest sports clubs in North Canterbury. Waimak United are a community football club offer footballing opportunities from 4 years to over 50's, with a mixture of social and competitive teams. gm@waimakunited.org.nz 021 192 4625 www.waimakunited.org.nz facebook.com/waimakunitedfc

♣ Golf

Rangiora Golf Club!

https://rangioragolfclub.co.nz

4 Gymnastics

Empire Athletics

Empire Athletics is Rangiora's premiere cheerleading and tumble facility. We have a range of classes for cheerleading and tumbling to suit all ages and abilities.

 $office @empire athletics.co.nz\ www.empire athletics.co.nz\ facebook.com/Empire Athletics NZ$

ICE Trampoline & Gymnastics North Canterbury

icetrampsports@gmail.com 021 974 552 www.icetramp.co.nz facebook.com/icetrampoline

North Canterbury Aerial Arts

ncaerialarts@gmail.com www.ncaerialarts.com facebook.com/61555370409879

Clubs, Groups, and Activities

Woodend Gymnastics Club

Woodend Gymnastic Club is a volunteer club run out of the Woodend Community Centre. 5-12 year olds running in a single class or split class. woodendgym@gmail.com 027 514 8363 facebook.com/woodendgymclub

⋈ Hockey

Hinemoa Kaiapoi Hockey Club

Hinemoa Kaiapoi Hockey Club is a family friendly hockey club based in Kaiapoi, North Canterbury. We are the oldest hockey club in New Zealand.
HinemoaKaiapoiHockey@outlook.com
www.kaiapoihockey.co.nz
facebook.com/hinemoakaiapoihockeyclub

Rangiora Hockey Club

https://www.rangiorahockey.co.nz

@ Life Skills & Growth

1st Rangiora Brownies

Meets on: Thursday Times: 4:00 pm - 5:30 pm https://girlguidingnz.org.nz/stores/1st-rangiora-brownies

Kaiapoi Gray Raven Scout Group

Scouting for Boys and Girls from 6 years old - 18 years old. Teaching valuable life skills, leadership and Independence. scouts.nz/group/kaiapoi-gray-raven-scout-group facebook.com/kaiapoigrayraven

Rangiora Boys' Brigade

1st Rangiora: Grant Stephens ph 0220682524 2nd Rangiora: Samuel Ward ph 0276648260 https://www.bb.org.nz

Rangiora Scout Group

https://scouts.nz/group/rangiora-scout-group

Rangiora Toastmasters

Join toastmasters to gain confidence and improve your speaking skills 027 364 0115 rangioratoastmasters.org.nz facebook.com/rangioratoasties

Martial Arts

CME Active Martial Arts

cmeactive@gmail.com 0211 198 146 https://www.cmeactive.com





Martial Arts

Dragonz Den Free-Style Kickboxing

Come and get fit, come and find yourself, come and find new family. dragonz@dragonzden.co.nz 0274 972 911 www.dragonzden.co.nz facebook.com/DragonzDenNZ

Inclusive Harts Martial Arts

An inclusive martial arts class for neurodiverse kids aged between 5-11yrs. 027 585 6637 facebook.com/61559093303247

Mairusu Kai Judo Club

North Canterbury's only Judo club based in Rangiora contact@mairusukaijudo.co.nz www.sporty.co.nz/mairusukai facebook.com/MairusuKai

North Canterbury Preschool Karate Club

A fun & safe environment to introduce your child to Karate through structured game based learning. 027 585 6637 facebook.com/100067835137484

SMA Karate - Shizoku Martial Arts

Shizoku Martial Arts teaches age-appropriate and life skill orientated martial arts classes brought to you by Empowered Life Skills incorporated. info@smakarate.co.nz 021 823 857 www.shizokumartialarts.co.nz facebook.com/smakarate

The Academy of Seiko-kai Karate

Based in Kaiapoi, North Canterbury, New Zealand, The Academy of Seiko-Kai Karate sets the standards for learning Traditional and Olympic Karate. We welcome people of all backgrounds, ages and fitness levels. 020 4092 5056 https://www.nz.seiko-kai-karate.com

McAlpines North Canterbury Pipe Band

Pipe Band from North Canterbury, New Zealand. Based in Rangiora, with members also from Kaiapoi, Chr 0210 220 6298 facebook.com/100063741152699

North Canterbury Musicals

North Canterbury Musicals; enriching lives with musical theatre. Based at Northbrook Studios, Rangiora info@ncms.co.nz www.ncms.co.nz facebook.com/NorthCanterburyMusicals

Clubs, Groups, and Activities

Rangiora Bells

Thursday afternoons 1pm - 2.30pm for handbell music practice. Trinity Methodist Church, 176 King Street. We perform at clubs and rest homes year-round, especially at Christmas. If you can read basic sheet music and want to learn this unique instrument, you're very welcome to join us. claredoll6@gmail.com

Rangiora RSA Club Brass Band

Rangiora RSA Club Brass Band is a modern versatile C Grade Band from Rangiora, New Zealand. rangiorabrass@mail.com www.rangiorabrass.com facebook.com/people/Rangiora-RSA-Club-Band/100063455501593



Metball

Ashgrove Netball Club Incorporated

ashgrovenetballclub@gmail.com facebook.com/AshgroveNetball

Kaiapoi Netball Club

info@kaiapoinetball.co.nz 0220337273 http://www.kaiapoinetball.co.nz facebook.com/KaiapoiNetball

Ohoka Netball Club

North Canterbury's largest club representing in all grades from Premier 1 through to Future Fern. www.sporty.co.nz/ohokanetball facebook.com/people/Ohoka-Netball-Club/100076624316573

Rangiora Netball Club

https://www.sporty.co.nz/rangioranetball

Woodend Netball Club

Our family-friendly club welcomes members of all ages and ability levels. We have social and competitive teams. woodendnetballclub@gmail.com 021 250 3513 www.sporty.co.nz/woodendnetball facebook.com/Woodendnetballclub

Y Olympics

Special Olympics North Canterbury

Our Club offers training and competition in basketball, bocce, swimming, equestrian and athletics. facebook.com/100064862011050

'M' Outdoor

Rangiora Tramping Club

Come walking with us for 3 months before joining as a member rangiora.trampingclub@gmail.com www.cinch.org.nz/entries/4426 facebook.com/RangioraTrampingClub





'S Outdoor

North Canterbury 4wd Club

First Tuesday of the month (except January), 7:30pm at the Kaiapoi Club & MSA, grab a drink and meal if you please, then catch up with club activities and discuss all things 4wding. Visitors welcome. nc4wdclub@gmail.com http://www.4wd.org.nz/nc4wd_club.htm facebook.com/p/North-Canterbury-4wd-Club-61551007373602



KRFC Junior Touch

Touch rugby for year 1-8 children, played during school summer terms at KRFC, Thursday nights. bronwyn.hamish@icloud.com 0274 893 110 facebook.com/kaiapoijuniortouch

Northern Bulldogs Rugby League Club

Home of the Mighty Bulldogs northernbulldogsrugbyleague@gmail.com facebook.com/NorthernBulldogsRugbyLeague

Woodend Rugby Club

Our vision is to build and strengthen all grades by retaining and attracting players and coaches to secretary@woodendrugby.co.nz 027 534 9112 www.woodendrugby.co.nz facebook.com/WoodendRugbyClub



Kaiapoi Softball Club

Home to North Canterbury's Softball Club. A summer sport of choice in your backyard! kaiapoisoftballclub@gmail.com www.sporty.co.nz/kaiapoisoftball facebook.com/kaiapoisoftball



Tennis, Squash & Table Tennis

Rangiora Squash Club

A family friendly hub for squash enthusiasts of all levels. Whether you're a seasoned player or completely new to the sport, we have something for everyone. info@rangiorasquash.co.nz 021 994 716 rangiorasquash.co.nz facebook.com/RangioraSquash

Clubs, Groups, and Activities

Rangiora Table Tennis

facebook.com/Rangioratabletennis

Kaiapoi Tennis Club

Our tennis club has 6 plexipave courts with lights and we cater for both senior and junior players. We run competition tennis through North Canterbury tennis in summer as well as social tennis all year tenniskaiapoi@gmail.com facebook.com/KaiapoiTennis

Water Sports

Pegasus Dragons

Pegasus Dragons is a fun and friendly female dragon boat team based in North Canterbury. pegasusdragons@outlook.com facebook.com/Pegasusdragonboat

Waimak Dragons Vibes Wahine

Waimakariri Vibes Wahine established Jan 2024 - Come meet the team, trainings Mon and Wed nights 6pm till 730pm during peak season Sundays 10am winter training dragonboatingvibesnz@gmail.com facebook.com/61555981722649

Stewarts Gully Sailing Club

We are a family oriented club with an emphasis on yacht racing, coaching, learning to sail, safety, Racing Rules and social activities. 03 385 9093

https://www.sporty.co.nz/stewartsgullysailing

Waimakariri Sailing Club

Founded in 1928, our club welcomes all ages for river racing, social events, and a popular learn-to-sail program for adults and kids. 029 200 4554 https://www.sailwaimak.org.nz

Waikuku Beach Surf Lifesaving Club

wbslsc@wbslsc.com 03-312 7663 wbslsc.com facebook.com/WaikukuBeachSLSC

North Canterbury Swim Club

facebook.com/NorthCanterburySwimClub



Rangiora Yoga

hello@rangiorayoga.co.nz 0210 888 9284 www.rangiorayoga.co.nz facebook.com/rangiorayoga





Share & Shout-Outs

Got a club, event, or local news to share?
Want to thank a volunteer, group, or business for making a difference?
Send it our way—we'd love to feature it!
— Cristian, Unplugged Herald

hello@unpluggedherald.com

unpluggedherald.com/contact txt 0226476522

Receive by Email

Want Unplugged Herald in your inbox? Flick me an email to **hello@unpluggedherald.com**, and I'll add you to the list. No spam, no sharing your email—just one issue a month to keep you in the loop **without the social media noise**.

Pass It On!

Instead of taking this copy home, leave it in a public space so others can discover local clubs, events, and activities too!

What is Unplugged Herald?

Unplugged Herald is an invitation to look up from our screens and reconnect with the world around us. It's a reminder that right here, in our own community, there are countless ways to engage, grow, and belong.

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